

Hurricane Paula heads for  
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October is Breast  
Cancer Awareness  
Month



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Wednesday, October 13, 2010

# THE MORNING NEWS

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## Paseo Herencia provides a special day for the family of "Hope Makeover"



Producer Jerry Kock, Sharmaine Tromp of Paseo Herencia, Ishmar Daryanani.



Janette and her two children

TV viewers in the US are well acquainted with the program "Extreme Home Makeover," but visitors to the Paseo Herencia Mall on Monday evening were treated to a poignant episode of the Aruban version from Ishmedia, titled "Hope Makeover."

The shopping and entertainment center hosted the wrap up of the inaugural project, which was broadcast every Monday evening for one month on TeleAruba. On Friday evening, October 8, Janette and her two children, Aisha and Alvin, the recipients of the first "Hope Makeover" project, were filmed entering their beautifully renovated home to the cheers of their neighbors.

The program is the brainchild of Ishmar Daryanani, and a number of local vendors have donated materials and manpower to the project. Janette and her children are living in government housing for low-income families and she was struggling in a minimum wage job to support them. The program recounts the story of her husband succumbing to substance abuse and in turn, became abusive.

Continued on page 3

## Court orders US to cease enforcing gay military ban



LOS ANGELES, California (AFP) — A federal judge ordered the US government yesterday to "immediately" suspend all discharges of gays serving openly in the military in a major rebuke to the Obama administration's appeal for more time.

In her ruling, US District Judge Virginia Phillips ordered

Defense Secretary Robert Gates and the US government as a whole "immediately to suspend and discontinue any investigation, or discharge, separation or other proceeding, that may have been commenced under the 'Don't Ask, Don't Tell' Act."

Continued on page 2

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## Court orders US to cease enforcing gay military ban

Continued from page 1

The policy also violates due process rights guaranteed under the Fifth Amendment to the US Constitution, and the rights to freedom of speech and to seek redress for grievances guaranteed by the First Amendment, she said.

Critics charge that the law, a 1993 compromise aimed at resolving the thorny issue of gays in the military, violates the rights of gay military personnel and has harmed US national security by forcing out some 14,000 qualified troops.

Tuesday's court ruling urged US military authorities not to enforce or apply the police "and implementing regulations, against any person under their jurisdiction or command."

It also orders those authorities "immediately to suspend and discontinue any investigation, or discharge, separation, or other proceeding, that may

have been commenced" under the policy.

The US Senate last month blocked a bid to lift a ban on gays serving openly in the military, thwarting the move with political maneuvering that put the issue on a back burner.

A total of 56 senators to 43 voted to advance debate on the annual Pentagon military spending bill to which the repeal of the gays ban had been attached, falling four short of the 60 votes needed to move forward under Senate rules.

Less than two months before November mid-term elections, polls show overwhelming US public support for ending the policy that requires members of the military to hide their homosexuality or be dismissed.

The Pentagon is carrying out a year-long review into repealing the policy set to be completed before the end of December, which will help draw up new rules for military service.

Both Gates and Admiral Mike Mullen, chairman of the Joint Chiefs of Staff, have backed lifting the ban.

## Colombia's Congress investigates ex-president Uribe

BOGOTA (AFP) - The Colombian Congress opened an investigation Tuesday into former president Alvaro Uribe's alleged role in an illegal wiretapping case that has already snared top officials, a senior legislator said. Uribe ended his 2002-2010 administration on August 7 with sky-high approval ratings, but has been heavily criticized by human rights activists for a series of alleged abuses.

A lower house committee approved opening an investigation into the wiretapping case and "will investigate what responsibility ex-presi-

## Just hours before rescue



Grab image taken from a video released by the Mining Ministry showing rescuers testing a capsule just hours before starting to lift the 33 trapped miners out of the San Jose mine, near Copiapo, Chile yesterday. Chilean officials advanced by several hours the start of the unprecedented operation --which was due to start about midnight Tuesday (0300 GMT Wednesday) and began at 8:00 pm (2300 GMT Tuesday)-- to haul the workers to the surface. AFP PHOTO

## Hurricane Paula heads for Mexican tourist coast

CHETUMAL, Mexico (AFP) - Hurricane Paula intensified Tuesday as it headed for Mexico's resort-

dotted Yucatan Peninsula and Cuba after drenching parts of Central America during a particularly active storm season.

Officials in the Mexican state Quintana Roo, where Cancun is located, issued alerts for several areas on the resort coast.

"The areas of Cozumel, Isla Mujeres and Lazaro Cardenas are on orange alert as they are the areas closest to the path of the hurricane," said Felix Gonzalez, governor of the state, who added that Cancun will also be affected.

Eduardo Sanchez, meteorologist at Mexico's weather service, said he expected the hurricane to hit land at approximately 11:00 pm (0400 GMT Wednesday) "with a path that passes through Cozumel and Cancun and Isla Mujeres affecting the southeast of the Yucatan

Peninsula."

Paula strengthened to a category two on the five-point Saffir-Simpson scale, packing winds of 100 miles (160 kilometers) per hour, according to the latest bulletin from the US-based National Hurricane Center (NHC) at 1745 GMT.

"Some slight strengthening is possible today and Wednesday," it added.

Mexican authorities warned people to remain inside, particularly on the northern tip of the Yucatan Peninsula.

Paula was around 140 miles (220 kilometers) southeast of Cozumel, the latest forecast said.

The ninth hurricane of the June-through-November Atlantic season was forecast to veer northeast toward Cuba later in the week, the NHC said.

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## Paseo Herencia provides . . .

Continued from page 1



### Hope makeover production crew

Before and after videos shows the dilapidated dwelling she could not afford to repair transformed into a warm, inviting home, right down to new dishes and toys for the children.

Paseo Herencia also treated Janette and her children like royalty with a day at the mall with complimentary services and goods from a number of their vendors. The family enjoyed lunch at Nobushi Asian Restaurant and dessert at the Haagen-Dazs kiosk. Baci di

Roma gifted Janette with a stunning designer dress and the youngsters were outfitted by Tutu Kids Prince Store with a stop for athletic shoes and caps from New Balance. Maggy's gave them haircuts and they looked properly glamorous for the filming of their return to their "new home."

Janette had tears in her eyes as she expressed her gratitude to the crew of "Hope Makeover" and all their contributors, and more than a few island visitors watching the program on the giant LED screen in the Plaza Padu were seen to wipe their eyes, as well.

A new "Hope Makeover" project is now in progress, with two more episodes to complete. It airs every Monday evening at 7:30 on channel 13. Ishmar reported they will complete one more project after this, for another four episodes, than take a break until after the New Year. They continue to seek sponsors and volunteers for their projects; anyone interested in making donations of material, money or time can contact them at hmo@ishmedia.com or call us at 588-0990.

by Rosalie Klein

## Lecture by therapist Diana van Hulten: 'Relationships, you and the other'

ORANJESSTAD -- Nothing in the world is so fervently desired as having a good relationship; at the same time nothing is as complex as that. How does one get a good relationship? What is it exactly and is 'good' for you the same as for the other person. Is it a matter of give and take? And if so, how much does the other person take? These are the questions that relationship therapist Diana van Hulten will address during her upcoming lecture. A partner relationship remains a dynamic process and how you experience it forms part of the most important relationship, the one with yourself.

Diana van Hulten has studied relationship therapy and gained more in-depth knowledge in Non Violent Communication (empathy), Emotional Focused Therapy for Couples, Spiral Dynamics. She is also a NLP Master Coach and counsels people in their personal and professional development at her practice Candor Coach and Counseling.

The lecture at De Suikertuin is held in Dutch on Wednesday, October 20 from 7.30 – 9.00 p.m. The entrance fee is AWG. 17,50 and coffee or tea with pan bollo will be served. For reservations, please call at 582-6322.



## Colombian dengue epidemic exposes vulnerability to climate change

BOGOTA, Colombia - A dengue epidemic in Colombia this year linked to rising temperatures brought by climate change has exposed the vulnerability of the country and others like it to changing weather patterns and their related health risks.

Outbreaks of dengue, a mosquito-borne infection, occur every year in Colombia but from January to September this year, the country had registered 120,000 cases, double the annual average.

Hotter weather brought by the El Niño phenomenon, which warms the Pacific

Ocean and can cause havoc with weather patterns, has created a fertile breeding ground for mosquitoes in Colombia and other parts of Latin America and the Caribbean. Experts say this year's El Nino has been one of the strongest in history.

Meanwhile, in Puerto Rico officials say heavy rains unleashed by a tropical storm could worsen a dengue epidemic that has led to a record 26 deaths in the U.S. Caribbean territory.

Health Secretary Lorenzo Gonzalez says that nearly 900 cases of dengue have been reported in recent weeks and he worries that the number could increase.

Roughly 12,000 cases have been reported so far this year.

In 1998, the virus killed 19 people and sickened 17,000.

A dengue epidemic has gripped other Caribbean islands, with more than 80,000 cases reported in the region.

Hurricane Otto caused widespread flooding in the northeastern Caribbean this week while it was still a tropical storm.

Health officials in the U.S.

Virgin Islands have reported 85 suspected and confirmed cases of dengue fever there since June, most of which were reported in the last few weeks.

Part of the sharp increase in cases, according to V.I. Health Department Epidemiologist Eugene Tull, is due to an increased awareness of the reporting requirements for health care workers concerning the disease, even if no additional testing is conducted. Of the 85 reports in the St. Thomas and St. John region, 58 are suspected cases, seven are probable and 20 are confirmed.

Also, In the United States, National Institutes of Health researchers have discovered a key step in how the dengue virus infects a cell. The discovery one day may lead to new drugs to prevent or treat the infection.

The researchers discovered how the dengue virus releases itself from the protective membrane that shields it as it penetrates deep inside the cell. The discovery allows researchers to study the invasion process in the laboratory and provides a means to test potential treatments for the virus.

## Amsterdam shops go cash free

AMSTERDAM, The Netherlands -- A number of shops in Amsterdam will refuse to accept cash money from the end of this month in an experiment to try to reduce robberies.

The city council is buying the smart card pin machines for some shop keepers so they can take part in the experiment, it was reported yesterday. There will also be posters and leaflets to make shoppers aware of the changes.

A spokesman for the city council admitted the experiment could drive both shoppers and robbers elsewhere. 'But doing nothing is not an option,' he said.



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## CMB fetes Kawara group on their 25th anniversary

*Renews its commitment to support the foundation*



Kawara, Kawara still standing: The Kawara Foundation was founded on October 1, 1985, International Day of Senior Citizens and this year the group celebrated its 25th anniversary. Although the group was founded in Paradera, it has more than 80 members from all over Aruba.

In connection with this important event, the foundation organized different activities for its members, among others, a Holy Mass on their weekly meeting day, combined with a toast for all members present.

But the big event was on October 10, when the group had a big party for all its

members, sponsors and invited guests. The dinner and



party was accompanied with musical entertainment by G-


Formation, and Mr. Chandi Donata and his Caha di Orgel (organ grinder), a regular volunteer of the group.

During the celebration two members were honored for their loyalty, Mrs. Betty Jansen and Mrs. Lina Paesch. Also volunteers Mmes Livia Vrolijk, Olimpia Cruz and Tina Vrolijk were honored.

During the event, Director of the Caribbean Mercantile Bank N.V. executives Javier Wolter and Armin Solognier announced their support in the form of a donation of Afl. 10,000 per year for three years, a total sum of Afls.


30,000. The Bank is a loyal sponsor of the foundation for more than 10 years.

Mrs. Mena Lumenier expressed the group's gratitude to all who helped the foundation with its 25th anniversary celebration. She also expressed her thanks to CMB for its generous donation. "With this sum we can surely continue with our program, entertaining our senior citizens," she expressed.



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## Ellen and John renew their vows at Eagle Beach



Almost 7 years ago, Ellen & John said "I do. Recently they decided to renew their vows on our sunny island Aruba, reinforcing their love to one another.

A few months ago they were visiting a travel show in the Netherlands, where Aruba was showcased. They registered at the booth and won a trip and a wedding renewal at The Amsterdam Manor Beach Resort.

When asked of their experience on Aruba the couple said: "We are very grateful and lucky, Aruba is a romantic place with beautiful beaches and nice hotels. Our trip was all we had dreamed of and

more; everyone makes you feel special and welcome. We will surely recommend this island to all our friends, and hope to return soon."

Management of Amsterdam Manor Beach Resort and The Morning News wish the couple many more wonderful years filled with happiness.



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## During Book Festival 2010 Special attention will be given to the illustration of children's book

During the 2010 Book Festival, there will be a special session dedicated to the illustration of children's books. Illustration makes a book more attractive for children and raises their interest to read the

story. Illustration gives a book a visual dimension and life. Ariadne Faries is a well-known illustrator from Curacao and will participate at the 2010 Book Festival.

Ariadne Faries was born on Curacao in 1968; she lives and works on Curaçao. She is an artist, a painter and a graphic designer. She also illustrates children's books and school materials. Mr. Faries studied graphic design at San Jose, Costa Rica. Her art enclosed different categories, among others plastic art, photography, graphic design and author and illustrator of children's books. Her literature for children shows her agility for writing, illustrations and graphic design.

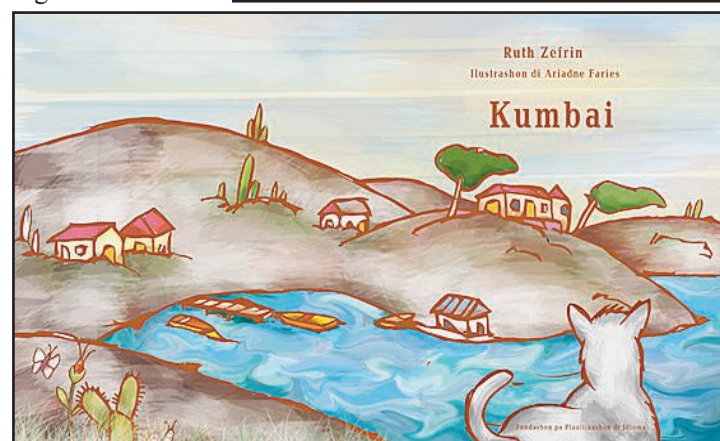
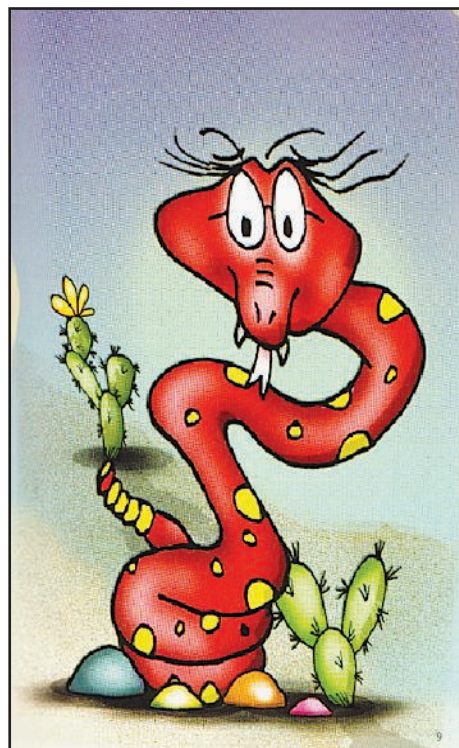
As Ariadne Faries says: "In a children's book nothing is impossible. This is what

fascinated me when I was a child. To discover and give myself to the magic world of reading was a pleasure for me. Since I was a child I wanted to be an artist. To paint and observe painting was my favorite pastime. Now my hobby is my profession. I am conscious of what people read, look at, listen to, feel and smell thru words, and a painting stays forever one's mind. For me it is an honor to do this kind of work."

Ariadne Faries has co-produced various works such as 'Kingu' written by Aruban author, Aurita Meenhorst-Arends (2006), 'Kumbai' by pa Ruth Zefrin (2006), 'Yomi ke bai felt' by Merly Augusta (2006), 'Mi amigu hundu i rondó by Roland Colastica (2006), and 'Bin bin skucha un kuenta' (2005), a story book for children written by 12 different authors.

Opening ceremony of the Book Festival is on November 5, 2010 at the Community Center in Tanki Leendert from 4:00 to 7:00 p.m. During the festival the Aruba National Li-

brary will give information on participating authors and will also visit different school during that week. Organizers of the book festival are very happy with the participation of Ariadne Faries to this event, coming to Aruba especially to entertain the children. All children are welcome to the opening ceremonies.





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matinee:	12.45 - 3.15	<b>PG-13</b>	matinee:	12.15 - 3.00	<b>PG-13</b>
late show:	11.00		late show:	11.15	
<b>DEVIL</b>			<b>THE TOWN</b>		
daily:	5.00 - 7.00 - 9.00		daily:	5.00 - 8.00	
matinee:	1.00 - 3.00	<b>R</b>	matinee:	2.00	<b>R</b>
late show:	11.00		late show:	11.00	
<b>LEGEND OF THE GUARDIANS</b>			<b>LEGEND OF THE GUARDIANS</b>		
daily:	4.45	<b>PG</b>	daily:	5.00	<b>PG</b>
matinee:	12.15 - 2.30	<b>PG</b>	matinee:	12.30 - 2.45	<b>PG</b>
late show:			late show:		
<b>RESIDENT EVIL: AFTERLIFE 3D</b>			<b>WALL STREET: MONEY NEVER SLEEPS</b>		
daily:	7.00 - 9.15	<b>R</b>	daily:	5.30 - 8.45	
matinee:			matinee:	2.15	
late show:	11.45	<b>R</b>	late show:	11.45	<b>R</b>
<b>EASY A</b>			<b>DINNER FOR SCHMUCKS</b>		
daily:	4.15 - 6.30 - 8.45		daily:	1.00 - 3.45	<b>PG-13</b>
matinee:	12.00 - 2.15	<b>PG-13</b>	matinee:		
late show:	11.00		late show:		
<b>THE TOWN</b>			<b>RESIDENT EVIL: AFTERLIFE 3D</b>		
daily:	6.00 - 8.45		daily:	7.15 - 9.30	<b>R</b>
matinee:	12.15 - 3.15	<b>PG-13</b>	matinee:		
late show:	11.30		late show:	12.00	
<b>PIRANHA 3D</b>			<b>TAKERS</b>		
daily:	6.45 - 9.00	<b>R</b>	daily:	6.30 - 9.00	<b>PG-13</b>
matinee:			matinee:		
late show:	11.15		late show:	11.30	
<b>CATS &amp; DOGS KITTY GALORE 3D</b>			<b>ERNST, BOBBIE EN HET GEHEIM</b>		
daily:	4.30	<b>PG</b>	daily:	4.30 - 6.30 - 8.30	<b>NEW</b>
matinee:	12.15 - 2.30		matinee:	12.30 - 2.30	<b>PG</b>
late show:			late show:	11.00	



#### LEGEND OF THE GUARDIANS: THE OWLS OF GA'HOOLE (KIDS/FAM)

SOREN, IS A YOUNG OWL ENTHRALLED BY HIS FATHER'S EPIC STORIES OF THE GUARDIANS OF GA'HOOLE, A MYTHIC BAND OF WINGED WARRIORS WHO HAD FOUGHT A GREAT BATTLE TO SAVE ALL OF OWL KIND FROM THE EVIL PURE ONES. WHILE SOREN DREAMS OF SOMEDAY JOINING HIS HEROES, HIS OLDER BROTHER, KLUDD, SCOFFS AT THE NOTION, AND YEARNs TO HUNT, FLY AND STEAL HIS FATHER'S FAVOR FROM HIS YOUNGER SIBLING. BUT KLUDD'S JEALOUSY HAS TERRIBLE CONSEQUENCES--CAUSING BOTH OWLETS TO FALL FROM THEIR TREETOP HOME AND RIGHT INTO THE TALONS OF THE PURE ONES. NOW IT IS UP TO SOREN TO MAKE A DARING ESCAPE WITH THE HELP OF OTHER BRAVE YOUNG OWLS. TOGETHER THEY SOAR ACROSS THE SEA AND THROUGH THE MIST TO FIND THE GREAT TREE, HOME OF THE LEGENDARY GUARDIANS OF GA'HOOLE--SOREN'S ONLY HOPE OF DEFEATING THE PURE ONES AND SAVING THE OWL KINGDOMS VERY DIFFERENT FROM REDEMPTION.

THE MORNING NEWS

## Sci-Tech

# Music fades for young people in Facebook era: survey



SYDNEY (AFP) - Music is no longer the number one way for young people to define themselves as they embrace social networks such as Facebook, according to an Australian survey released this week.

Asked "What defines you?" the most popular response from young adults was "my friends", pipping music for the first time in the seven-year history of the annual Urban Market Research study.

"That came to us as a bit of a surprise," said Dion Appel, chief executive of the LifeLounge Group, which commissioned the survey of more than 1,750 Australians aged 16 to 30.

"What's not a surprise is the popularity of Facebook. But I suppose how that's influencing how young people actually define themselves is a pretty powerful insight.

"They are relying a lot more on friends to help define themselves."

Facebook was the number one website visited by those polled, with a massive 47 percent saying they spent five or more hours each week on the social networking site.

And while every young adult had at least one email address, this method of communication was on the wane, according to the study conducted with Sweeney Research.

Young adults associate email more with their professional or school life than their personal affairs and so prefer to communicate with peers via Facebook, text messaging, Skype and Instant Messenger, Appel said.

With a simple status update on their social networking pages, young people can "just put in how they are feel-

ing and let technology deliver the messages" without needing to dig up people's email addresses, he said.

The research also confirms that most young people have a frantic digital life, with more than 80 percent "doing other things" while surfing the Internet or posting on social networks -- like watching television or mes-

saging.

But the barrage of information is also forcing youngsters to take some time out by "pressing pause" on the multimedia deluge, the survey said.

The most popular offline pastime was reading, with about 56 percent of those interviewed doing this for at least an hour a week. Cooking and going to art exhibitions were also popular.

"They are certainly not switching off. The one thing they claim they can't live without is the Internet. So what they are doing is just pausing momentarily and taking a breath," Appel said.

However he said social media were definitely on the rise.

"There are a number of ways for young people to get their kudos, or as we call it urban capital, and this is largely through social media now. They've got a voice that they can really properly broadcast in ways they have not been able to do in the past."



A guest checks out the applications on Microsoft's new mobile phone operating system during a launch in Singapore this week. Microsoft unveiled a new mobile phone operating system on October 11 in a bid to claw back lost market share from the iPhone, BlackBerry and devices powered by Google's Android software. AFP PHOTO



Health & Living

# Sleeping with light on may lead to weight gain



WASHINGTON (AFP) - Too much light at night appears to lead to weight gain, according to a report released Monday, based on studies of mice that provide fresh clues on obesity.

The researchers found that mice exposed to a dim light at night over eight weeks had a weight gain that was about 50 percent more than other mice that lived in a standard light-dark cycle.

"Although there were no differences in activity levels or daily consumption of food, the mice that lived with light at night were getting fatter than the others," said Laura Fonken, lead author of the study and a researcher at Ohio State University.

The study, which appears in the Proceedings of the National Academy of Sciences journal, said the weight gain could be a sign that light has an effect on the metabolism.

"Something about light at night was making the mice in our study want to eat at the wrong times to properly metabolize their food," said

Randy Nelson, co-author of the study and professor of neuroscience and psychology at Ohio State.

If these results are confirmed in humans, it would suggest that late-night eating might be a particular risk factor for obesity, Nelson said.

In one study, mice were housed in one of three conditions: 24 hours of constant light, a standard light-dark cycle that included 16 hours of light and eight hours of dark, or 16 hours of daylight and eight hours of dim light.

Results showed that, compared to mice in the standard light-dark cycle, those in dim light at night had significantly higher increases in body mass, beginning in the first week of the study and continuing throughout.

By the end of the experiment, dim-light-at-night mice had gained about 12 grams of body mass, compared to eight grams for those in the standard light-dark cycle.

Mice in constant bright light also gained more than those in the standard light-

dark cycle, but Nelson said the mice exposed to dim light was a more important comparison for humans.

Although the mice exposed to dim light did not eat more than others, they did change when they ate, consuming more food at night.

Since the timing of eating seemed significant, the researchers did a second study, with a change: instead of having food freely available at all times, food was restricted to either the times when mice would normally

## Three Healthy Habits Cut Breast Cancer Risk, Study Finds

Women who maintain certain "breast-healthy" habits can lower their risk of breast cancer, even if a close relative has had the disease, a new study finds.

Engaging in regular physical activity, maintaining a healthy weight and drinking alcohol in moderation, if at all, was shown in a large study to help protect against breast cancer in postmenopausal women, the researchers said.

"Whether or not you have a family history, the risk of breast cancer was lower for women engaged in these three sets of behavior compared to women who were not," said study leader Dr. Robert Gramling, associate professor of family medicine at the University of Rochester Medical Center in New York.

The study was published online Oct. 12 in the journal Breast Cancer Research.

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Gramling wanted to look at the effects of lifestyle habits on breast cancer risk because he suspects some women with a family history may believe their risk is out of their control.

He analyzed data on U.S. women aged 50 to 79 from the Women's Health Initiative study starting in 1993. During 5.4 years of follow-up, 1,997 women were diagnosed with invasive breast cancer.

Gramling excluded women with a personal history of breast cancer or with a family history of early-onset cancer (diagnosed before age 45), then observed the impact of the healthy habits.

Excluding those with an early-onset family history makes sense, because a stronger genetic (versus environmental) component is thought to play a role in early-onset, experts say.

Following all three habits reduced the risk of breast cancer for women with and without a late-onset family history. "For women who had a family history and adhered to all these behaviors, about six of every 1,000 women got breast cancer over a year's time," he said.

In comparison, about seven of every 1,000 women developed breast cancer each year if they had a late-onset family history and followed none of the behaviors.

Among women without a family history who followed all three habits, about 3.5 of every 1,000 were diagnosed with breast cancer annually, compared to about 4.6 per 1,000 per year for those with-

out a family history who followed none of the habits.

For his study, Gramling considered regular physical activity to be 20 minutes of heart-rate raising exercise at least five times a week. Moderate alcohol intake was defined as fewer than seven drinks a week. A healthy body weight was defined in the standard way, having a body mass index, or BMI, of 18.5 to under 25.

Gramling hopes his research will reverse the thinking of women whose mother or sister had breast cancer who sometimes believe they are doomed to develop the disease, too.

The findings echo what other experts have known, said Dr. Susan Gapstur, vice president of the epidemiology research program at the American Cancer Society, who reviewed the study findings.

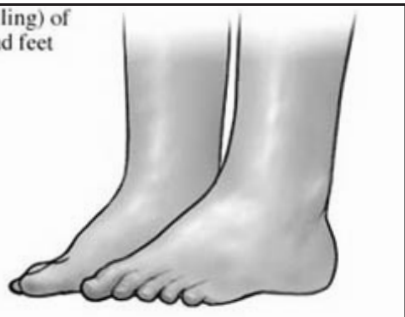
"The results of this study show that both women with a family history [late-onset] and without will benefit from maintaining a healthy weight and exercising, and consuming lower amounts of alcohol, limiting their alcohol consumption," she said.

The American Cancer Society guidelines for reducing breast cancer risk include limiting alcohol to no more than a drink a day, maintaining a healthy weight and engaging in 45 to 60 minutes of "intentional physical activity" five or more days a week.

The risk reduction effects found in the Gramling study may actually increase if women follow the more intense exercise guidelines of the ACS, Gapstur said.

### TIP: Alert a Podiatrist to Foot Problems

Edema (swelling) of the ankles and feet



Problems with your feet shouldn't be ignored. They can get worse over time, and can signal trouble elsewhere.

The American Podiatric Medical Association mentions these issues that should be discussed with a podiatrist:

- \* An open sore or ulcer on the feet, as they can indicate problems such as high blood pressure, sickle cell disease or a blood vessel condition.

- \* Swelling of the feet, which can indicate problems with the heart, circulatory

system or kidneys.

- \* A burning sensation in the feet, which may indicate poor circulation.

These underlying medical issues also should be discussed with a podiatrist:

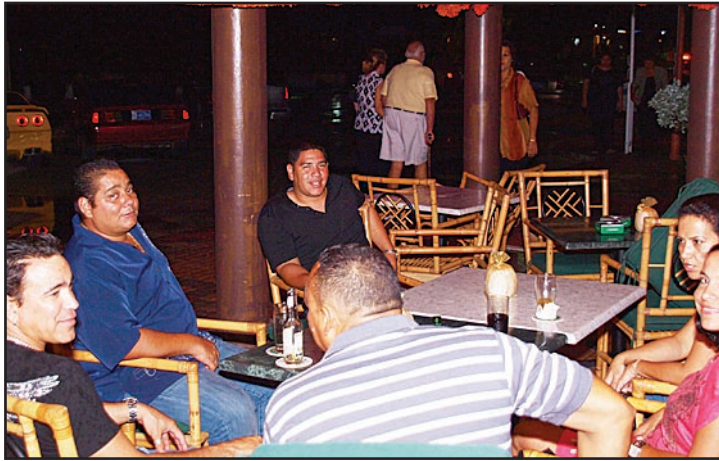
- \* Cardiovascular disease or high blood pressure, which could lead to insufficient blood flow to the feet.

- \* Rheumatic heart disease, as medications used to treat it may interfere with some medications used to treat foot problems.

- \* Diabetes, as it may affect sensation and circulation in the feet.



## Club 21, a charming new option in night life



socialize in the relaxed surrounding.

A quick glance at the menu listed gourmet treats such as escargot, frog legs and a hearty crab and corn chowder along with fresh local fish, prime steaks and creative poultry dishes and salads at extremely reasonable prices. The owner's aim is to establish the sort of place where one cares to linger all night long, enjoying the casual but lively ambiance. "We open at 4:00 p.m. and close... whenever," explained Michael, "until the last customer is ready to come home."

Hailing originally from Holland and Suriname, Michael and Mireille have run two very successful and similar eateries in both countries. They confess they couldn't find anything quite like Grand Café 21 on the Aruba, and felt there was a void that needed to be filled.

If you wish to enjoy a full evening of fine dining and dancing as the world used to know, but loud, heavy electronic music is not your thing, than Grand Café 21 is the place for you! Open Tuesday through Sunday, they hope to soon welcome patrons "not as customers, but as friends."

by Rosalie Klein

For all those on Aruba who have long wished for a place to relax and enjoy favorite music and stimulating conversation, there is now a place "for the rest of us," in Palm Beach; the recently opened Grand Café 21, located in what was formally Pavarotti's and Bella Luna restaurants.

The new owners, Michael and Mireille Heilker have converted the formal restaurant into a cozy lounge/eatery where one can come to enjoy a gourmet meal from veteran Chef Wim Elzing, a fusion of French with a Caribbean flair, and then stay on to dance and

## Ultimate Automobile announces the arrival of the BMW X models

### Winners of the "Off-Roader of the Year" Awards

**For the first time on Aruba all BMW X models under one roof!**

Ultimate Automobiles, the exclusive dealer for the world renowned BMW, on the island, is presenting for the first time on the island all the BMW X models in their showroom at Sabana Blanco#35.

The BMW X models, called SAV or Sports Activity Vehicle, are causing furor all around the world, combining beauty, elegance and distinction. With their typical fun-to-drive qualities, superior all-wheel-drive technology and powerfully expressive styling, the BMW X models occupy a position all their own in their respective classes. The unique attractions of this concept, now successfully established in four different market segments, received further confirmation recently with an excellent showing in the latest readers' poll by the German magazine Off Road. The BMW X5 was voted "Off-Roader of the Year" in the "Luxury SUV" category, while the BMW X1 and BMW X6 came first and second in the "Crossover" category and the BMW X3 took second place in the "SUV" category. And now all the models BMW X, which are BMW X1, X3, X5, and X6, are here on Aruba, and available at Ultimate Automobiles.

The BMW X3, is the automaker's compact entry-level sport utility vehicle. Unlike some other models in this category, the luxury-oriented X3 was originally designed to offer superior on-road prowess over serious off-road. With standard 6-cylinder power, full-time all-wheel drive, 5-passenger seating, and an available 6-speed manual transmission, the original BMW X3 satisfied an untapped niche in the market. According to the automaker, more than 600,000 original X3 models were sold during its 7-year production run.

An all-new, second-generation BMW X3 debuts for the 2011 model year. Unlike 2004, when BMW's SAV is unique within a relatively new segment, others have now stepped in with their own offerings. Today, the all-new BMW X3 will compete with the Audi Q5, Mercedes-Benz GLK-Class, Land Rover LR2, and Infiniti EX, among others.

BMW X5 car has a very spacious room (seats 7 persons) and modern stylish design. Remarkable variability and real atmosphere of luxury, exclusive style to meet the special functions of the maximum



The BMW X1

demand. The BMW X5's first place in the "Luxury SUV" category is a further indication that the Sports Activity Vehicle concept – a segment first pioneered by BMW in 1999 with the predecessor of the current model – is still a firm favourite.

Agility, responsive steering, directional stability and traction have been taken to a new level – in part thanks to Dynamic Performance Control, a technology that made its debut in this model. While the electronically controlled BMW xDrive



Interior of the BMW X3

The combination of sporty on-road handling and surefooted off-road traction was a hit right from the start. With its intelligent BMW xDrive all-wheel drive, powerful and efficient engines and an interior which is both flexible and luxuriously equipped, the current BMW X5 is doing even more to set the standards in its class.

Meanwhile, the appeal of the BMW X6 remains as strong as ever. The world's first Sports Activity Coupé (SAC), and - winner of the International Engine Award of the Year - delivers typical BMW driving pleasure in a unique form.

all-wheel-drive system splits the drive in a seamlessly variable ratio between the front and rear wheels to suit the current driving situation, DPC performs the same function between the rear wheels. The BMW X6 combines its outstanding dynamics with impressive efficiency, which was further boosted by a revised engine line-up in spring 2010. The BMW X6 xDrive30d sets new benchmarks, with an output of 180 kW/245 hp from its six-cylinder in-line diesel engine and improved average fuel consumption of 7.4 liters/100 kilometers in the EU test cycle.



BMW X6

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## Judging of the Chef/Student Culinary Festival & Competition a testament to the quality of the EPI training facility



First place winners with the judges



Second place winners with chef Gilbert Flemming from Milano and judges

Two days of rigorous competition judged by the highest international standard resulted in gold medals for the

team mentored by a product of Aruba's EPI Culinary Institute, Chef Ever de Pena, who will graduate the program this coming June. Head Judge Michael Deihl was proud to announce they were not only the top scoring team among eight for their beautifully presented and flavorful creations, but also were the recipients of the Randolph Franken Memorial Award for excellence in preparation, professionalism and hygiene. "This demonstrates where method and technique earn competitors those valuable point fractions which make the difference," commented Chef Deihl. "Performance in the kitchen is watched very

closely, and accounts for 40% of the final score."

The 2nd Aruba Chef/Student Culinary Festival & Competition ended Friday, October 8, with the awards ceremony in the Epilicious Dining Room of the EPI H & T Unit. The various entries were on display prior to the announcement of the winners. Chef Ever de Pena was sponsored by Cook's Restaurant, where he is chef, and his team consisted of EPI students Derrick Franken, Joyce Vrolijk, David Veisma, and Yethsy Poole.

Second place and silver medals went to the team of Gilris Werleman, Anny-Marie Servinus, Aldwin Donata and Christopher Geerman, who were mentored by Chef Gilbert Flemming of Milano Restaurant. Third place and bronze medals were awarded to the team lead by Chef Scott Sheuerman of Aqua Grill consisting of Xioriene Locadia, Rigon Kock, Miguel Funez and Myron Winterdaal.

Judging the entries along with Chef Deihl of the East Lake Country Club of Atlanta, Georgia, and President of their local chapter of the Aruba Culinary Federation, were visiting chefs Charles de Vries from the U.S and Ephriam Goeloe of Bonaire with Chef Andre Kelly of Aruba. Winning the award for the most attractive presentation and table decoration was the team from The Old Man and the Sea, mentored by Chef Oscar Steba.

Chef Deihl also took the moment to extend an invitation to the EPI culinary staff to select and prepare a team for the ACF Southeast Regional Competitions in 2011, as he feels the new crop of aspiring chefs are as talented and capable as any the U.S. has to offer. "Chef de Pena is



First place winning entree



Second place winning appetizer



Third place winning appetizer

a fine example of the quality of cuisine the future dining patrons of Aruba can expect" he concluded.

This second edition established a particularly delightful extracurricular activity hosted by the Talk of the Town, where the public was invited to enjoy a Celebrity Cookout at bargain prices. It proved an extremely popular event; proceeds will be applied to next year's culinary festival.

by Rosalie Klein

# Breakfast

7:00 a.m. - 11:00 a.m.

**EGG DISHES**

- \*2 eggs sunny side up with ham & cheese
- \*Scrambled with ham, cheese, onions, green pepper, tomato, mushroom
- \*Plain omelettes with ham, cheese, onion, green pepper, tomato, mushroom

All egg dishes are served with a choice of :  
white or whole wheat baguette or sliced toasted bread.

- \*PASTECHEI HORNA
- \*CRÊPES
- \*SWEET CRÊPES
- \*BAGEL with cream cheese, smoked salmon, boiled egg

**LOCAL BREAKFAST**

- \*Pan grandi ( di rama ) or baguette
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- \*CONCH
- \*FISH EGG
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Third place winners with chef Scott Scheuerman of Aqua Grill and judges



## COMICS

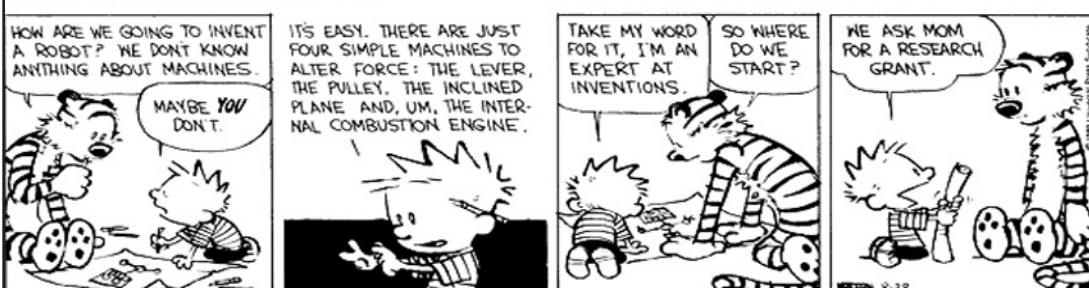
## PICKLES



## MOMMA



## CALVIN and HOBBS



## CROSSWORD

## ACROSS

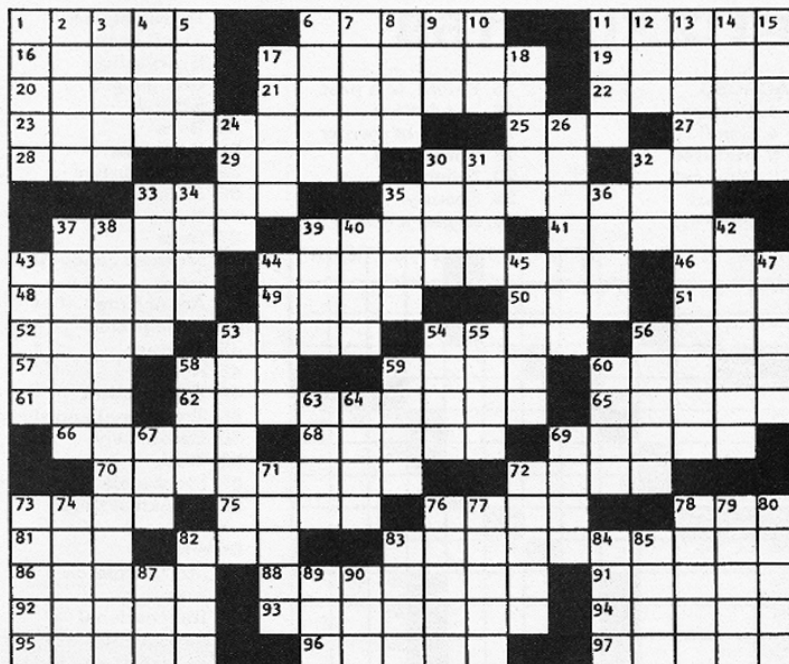
1. Sales pitch
6. Italian staple
11. Mexican treats
16. Director Ponti
17. Bed canopies
19. Senseless
20. Perfume
21. Lessened
22. Artist's stand
23. Scarecrows
25. Do sums
27. Scottish cap
28. Use a crowbar
29. Sacred
30. Leading actor
32. Spanish jar
33. Sports caster
34. Tarkenton
35. Legends
37. Cuttlefish
39. Silhouette
41. Theater foyer
43. Gag
44. Police recruit
46. Detroit group: abbr.
48. \_\_\_\_ France
49. Instead
50. \_\_\_\_ and downs
51. Made of: suffix
52. Opponents
53. Tizzy
54. "\_\_\_\_ Well That Ends Well"
56. BPOE members
57. Large cask
58. Broke a fast
59. Connive
60. Military student
61. Abby, to Ann Landers
62. Uncles' establishments
65. Cymas
66. Frozen rain
68. Cream of society
69. Rows of seats
70. African javelins
72. Cat sound
73. Jargon
75. Lady's mate
76. Fly aloft
78. Adroit
81. Antique
82. Tincture
83. Halcyon
86. Washer cycle
88. Pensioner
91. In that place
92. Critical
93. Roofers

## DOWN

94. Desist
95. Pause
96. British guns
97. Underworld
1. Scoundrel
2. Fruit knife
3. Sarcasm
4. Pollster Roper
5. Package of bread
6. Songstress Bailey
7. Analyze ore
8. Ragout
9. Spread hay to dry
10. Indonesian islands
11. Evened the score
12. Literary collection
13. Daydreamer
14. Actress Tatum
15. Actress Diamond
17. Wyoming range
18. Flint fire
24. Food fish
26. Blobs
30. Arizona Indian
31. Gen. Robert \_\_\_\_
32. Sphere
33. Coffers
34. Ceremony
35. Hoax
36. Butterfingers' word
37. Cardinal's home
38. Macadamia
39. Arias
40. Multitude
42. Bronx Bombers
43. Winnows
44. Freshen
45. Sects
47. Mae and Adam
53. Majestic
54. Thanks \_\_\_\_!
55. Run easily
56. Avid
58. Baboons
59. Greek letters
60. Coconut fiber
63. Adjacent
64. Skidded
67. Superlative suffix
69. Sod
71. Attenders
72. Leaves
73. Lobster roe
74. TV waitress
76. Temptress
77. Unique people
78. Leading
79. Intrinsically
80. Kilmer poem
82. Profound
83. Flying toy
84. Strong desire
85. \_\_\_\_ butter
87. Actor Erwin
89. Overhead trains
90. Make lace

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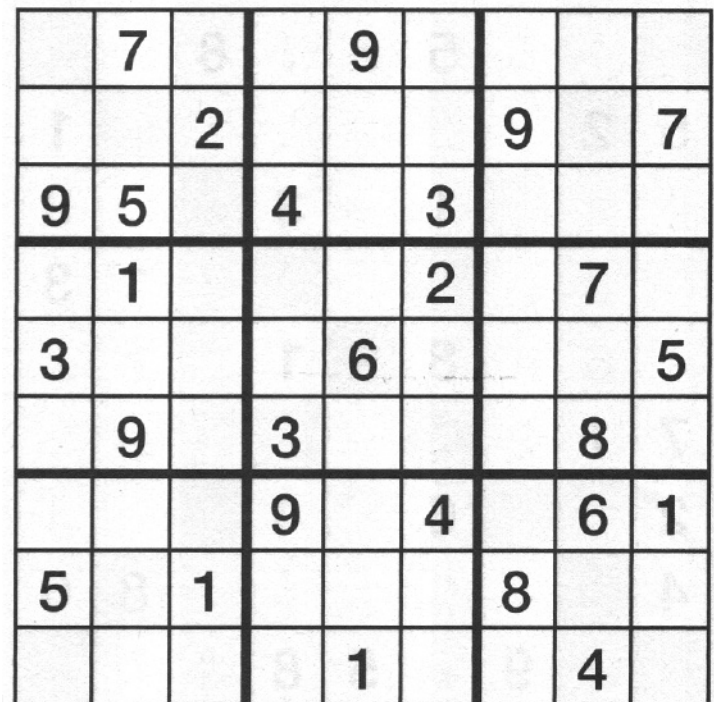
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# Sudoku



## SOLUTION

8	7	2	9	1	8	6	9	2
2	6	8	2	8	9	1	7	9
1	9	9	7	2	6	2	8	8
9	8	2	1	7	8	9	6	2
9	1	7	6	9	2	8	2	8
6	2	8	2	8	9	7	1	9
8	2	1	8	2	7	9	9	6
2	8	6	9	9	1	2	8	7
7	9	9	8	6	2	8	2	1

Complete the grid so that every row and every column contains the numbers 1 through 9  
 A number is Never repeated in a row or column.  
 In addition every rectangle must contain the numbers 1 through 9



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### YESTERDAY'S Crossword Answer



### FOR RENT

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Bathr, Kitchen,  
Living/Dining room,  
Spacious  
Terrace, Front Terr.  
Call: 5942613

## Amazon seeks short works for 'Kindle Singles'

WASHINGTON (AFP) - Amazon called on writers and publishers yesterday to submit short works to a new section of the US online retail giant's electronic bookstore called "Kindle Singles."

Amazon said Kindle Singles will showcase works that are "twice the length of a New Yorker feature or as much as a few chapters of a typical book."

"Today's announcement is a call to serious writers, thinkers, scientists, business leaders, historians, politicians and publishers to join Amazon in mak-

ing such works available to readers around the world," Amazon said.

The Seattle, Washington-based company said writers have traditionally been faced with a choice of "less than 10,000 words or more than 50,000."

"Works either had to be short enough for a magazine article or long enough to deliver the 'heft' required for book marketing and distribution," it said.

"But in many cases, 10,000 to 30,000 words (roughly 30 to 90 pages) might be the perfect,

natural length to lay out a single killer idea, well researched, well argued and well illustrated," Amazon said in a statement.

As examples, it cited a "business lesson, a political point of view, a scientific argument, or a beautifully crafted essay on a current event."

Kindle Singles will have their own section in the online Kindle Store and be "priced much less than a typical book," Amazon said.

"With Kindle Singles, we're reaching out to publishers and accomplished writers and we're excited to see what they create."

## Google in major bid for Eastern US wind power

WASHINGTON (AFP) - Investors led by technology giant Google yesterday announced a five billion-dollar project to power the US East Coast with wind from the Atlantic Ocean, in an ambitious bid to spur alternative energy.

The project would set up offshore wind turbines and a new transmission grid stretching 350 miles (565 kilometers) from New Jersey to Virginia, the most densely populated part of the United States which suffered blackouts in 2003.

Google, the Internet search giant whose interests now run the gamut from broadband to robotic cars, said it would provide 37.5 percent of the initial funding.

Rick Needham, director of green business operations and strategy at Google, described the project as a new "super-highway" for alternative energy, creating jobs and eventually providing enough power to serve 1.9 million households.

"We're willing to take calculated risks on large-scale projects that can move an industry. Indeed, that is what's made our company so successful to date," Needham told a news conference in Washington.

The companies said they hoped to begin work on the project, called the Atlantic Wind Connection, in early 2013 and complete it by 2020, subject to government ap-

proval. Needham said Google was open to further investment later.

Bob Mitchell, the chief executive of Trans-Elect, the private electric transmission company leading construction of the project, estimated total costs of five billion dollars.

Good Energies, a company which invests in green energy, is also investing 37.5 percent in the project, while Japanese trading house Marubeni has a 15 percent stake.

John Breckenridge, an executive at Good Energies, described the Atlantic Wind Connection as landmark in its ambition, hoping that it would succeed in "fixing a lot of what's been done wrong" in renewable energy.

"Renewables have been deployed in a very haphazard manner around the world, where you've installed solar farms, wind farms, without looking at the whole," Breckenridge told the news conference.

"This project enables us to do this in a planned way that will optimize this and really create the basis for the kind of energy infrastructure that we as a country and really as a world need to evolve to," he said.

Investors said they would not seek government funding. The US Congress has soured

on efforts to battle climate change, with legislation to impose restrictions on carbon emissions all but dead in the Senate.

With elections approaching, President Barack Obama's administration yesterday ended a ban on deepwater drilling in the Gulf of Mexico which was imposed after the BP oil spill in April.

But the administration has also backed alternative energy. Interior Secretary Ken Salazar last week approved the first US offshore wind farm near Massachusetts and pledged to speed up approval for future projects.

The United States is already the world leader in wind energy in the raw amount of energy production, according to an industry study last year. But wind farms are concentrated in sparsely populated states in the Western plains.

Offshore projects have encountered opposition due to residents' objections that they present an eyesore, discouraging tourism and harming quality of life.

Mitchell voiced confidence that the Atlantic Wind Connection would not face significant opposition as the farms will be much farther from the coast, meaning they would be only partially visible on the horizon on a clear day.

## Boeing tearing down historic "Plant 2"



July 14, 2010, file photo shows Bill Wiesner, a retired Boeing machinist, preparing rivets for an engine panel on the Boeing B-29 Superfortress at right that he is helping restore at Boeing Co.'s historic 'Plant 2' in Seattle. After giving birth to some of the world's most significant aircraft, the outdated facility is scheduled to be torn down this fall, and a new home for the work of restoring the B-29 and other planes will need to be found.



## The Queen's offers an authentic taste of Aruba!



Varella, Luisa and the next generation of chef



Keshi Yena with plantains, vegetables and pica

One of the distinctions of Aruban cuisine is incorporating unique indigenous ingredients such as in Wild Cucumber Stew and a particular light fish chowder accompanied by the local specialties pan bati (corn meal pancake) and funchi (the local version of polenta.) Thus, eating out at the authentically Aruban restaurant, The Queen's, is very affordable, with a true taste of regional cuisine.

Owner Varella Innocencia confesses she opened her restaurant in Oranjestad because "I grew up with this, and loved serving people our island food. My father and mother operated the little restaurant across from the Americana, which some may remember, the original Arawak. I remember how much our customers loved trying the local food, and they especially loved the prices!"

Varella's mom, Luisa, is still in the kitchen, conjuring up the delicious dishes that have been in her family for generations, which is acknowledged on the menu with "Carni Stoba di Mamachi"- "Grandma's Beef Stew," and their Arawak Steak.

We also bumped into island visitors Jim and Callie from Michigan, who were eager to

try island food, and were more than pleased with their venture into local cuisine. "We will definitely return to The Queen's," they affirmed, "the food was delicious and the prices are more than right."

The menu sports a variety of steaks and tenderloin, fresh caught seafood, Caribbean lobster, and of course, one of our favorites, and what we consider a true test of local cuisine, "Keshi Yena"- "Filled Cheese." This is a tasty, filling stew of chicken, with other ingredients that are handy that day, all incased in a thick skin of melted Gouda. It was very satisfying and particularly memorable paired with The Queen's garlic bread and very special Pica, a mix of chopped onions and the famous local hot pepper, Madame Janette. Not overly spicy, it lent that perfect bit of tang to this deliciously picturesque meal.

Located next to the Harbor at the end of the Weststraat, The Queen's is open from 11:00 a.m. to 11:00 p.m., daily, offering indoor and outdoor dining. They also have daily specials, aside from an extensive menu; made from whatever is in season and Mama Luisa was in the mood to prepare.

We noticed a steady stream of islanders coming for lunch

## Gold Coast Aruba: This is the time to invest

Managers of Gold Coast Aruba, the island's newest and most innovative gated community, report that sales are picking up nicely as the global economy begins to recover and those with a bit of disposal income are looking to invest in a sure thing. Gold Coast Directing Manager Fito Croes has noticed a surprising percentage of owners are barely using the villas or town homes they purchase, but taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their 'home away from home' in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and are impressed with the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community; in this area, the value of properties has only increased over time. It is minutes to the best beaches and all the action, and yet offers a quiet and secluded getaway; we are very pleased by the response to our concept."

Fito, with his sister Mayrin and brother Rudy run Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project; the scope and amenities. We talked to countless island visitors to find out what they would really want in a permanent residence on Aruba, and took from there."



Input from frequent vacationers who dreamed of their own home in Aruba will eventually be a community of 260 town homes, villas and condominiums with a stunning clubhouse complemented by two additional pools decks, one of which has been open for a year, the other will be ready for the holidays 2010. They expect the clubhouse to be ready for the community with a workout room and specta-

homes. An elegant and chic standard package is available, or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the investment. To further enhance this, Gold Coast managers have inaugurated a number of in-house services and are now negotiating with Interval International to pro-



vide a huge international pool for investors to tap for renters either short or long term. Property exchange for a vacation in another destination will also be available. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, babysitting and catering services are also available for community members as well as airport pick-up and drop-off and pre-shopping services so cupboards and refrigerators are stocked upon arrival, which can all be arranged through their home management department.

Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50% appreciation on their investment, particularly those taking advantage of the management association's rental service. There is always a great demand for Aruba and facilities such as those at Gold Coast, making it easy for some owners to earn their mortgage payments or others to see an immediate return on their investment.

The design of the structures is open, airy and spacious, fully deploying the island environment, with the finest quality construction and finishing available. Partnering with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options for clients, so buyers can individualize their

Visit their website: [www.goldcoastaruba.com](http://www.goldcoastaruba.com) for more details and availability or call 586-2200 to arrange a personal tour.



# Queen Elizabeth II to visit UAE and Oman

DUBAI, October (AFP) - Britain's Queen Elizabeth II and her husband Prince Philip, the Duke of Edinburgh, are to visit the United Arab Emirates in November, the British embassy said on Tuesday.

"The Queen and The Duke of Edinburgh will pay a state visit to the United Arab Emirates, at the invitation of His Highness Sheikh Khalifa bin Zayed Al-Nahayan, and Oman, at the invitation of His Majesty Sultan Qaboos bin Said, during this autumn," it said in a statement.

"They will visit Abu Dhabi



Queen Elizabeth II

between 24th and 25th November, and Muscat between 25 and 28 November," it said on the embassy website.

It will be the second time the queen and her husband have visited the UAE and Oman, it said, adding that the visit to Oman will mark the 40th anniversary of the sultan's rule.

The seven emirates that now make up the UAE were British protected states until independence in 1971, while Oman has a history of close economic and military relations with Britain.

## Australia's 'Crocodile Dundee' pub up for sale



SYDNEY (AFP) - The out-back Australian pub that featured in the 1980s hit movie "Crocodile Dundee" is to be sold because the current owner wants a break from working in the tourist attraction.

The Walkabout Creek Hotel, in the small community of McKinlay in the northeast state of Queensland, attracts hundreds of people each day as they travel the highway between Brisbane and Darwin.

"I've been running it for 23 years, it's time for a change and a break, publican Paul Collins told AFP.

Collins said he loved working in the remote location, but

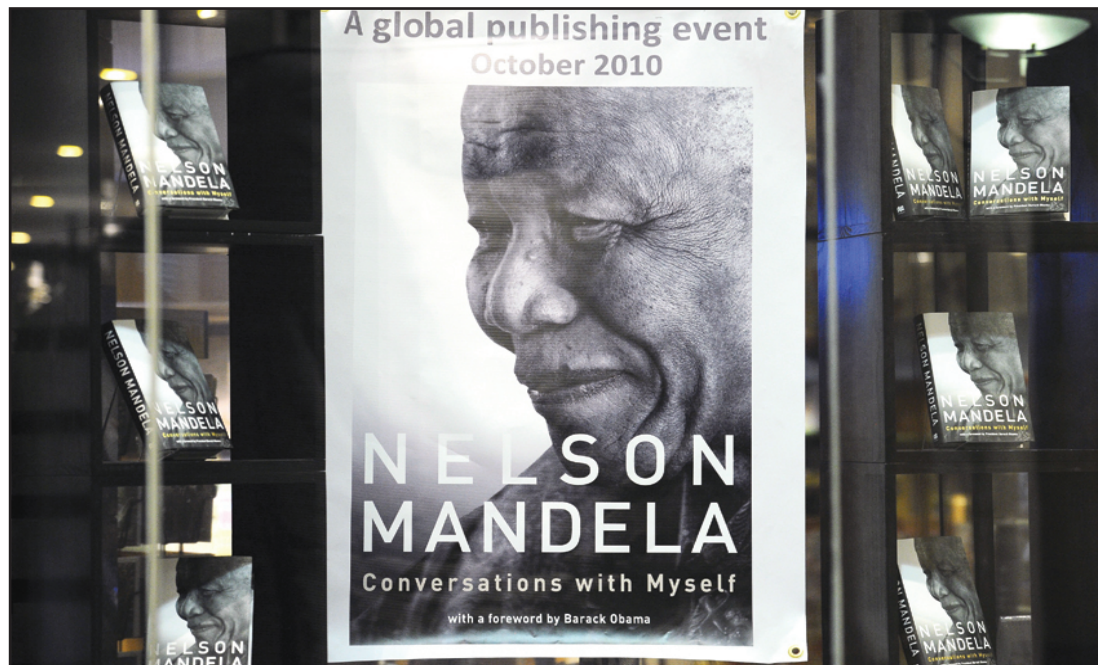
it would take a special kind of person to take on the 18-hours-a-day, seven-days-a-week job.

"It's a different pub, it's in a remote location. It's not everyone's cup of tea. But there has been some pretty strong interest to date. It's a good pub."

The hotel, which was built in 1900, served as a location in the 1986 film "Crocodile Dundee" when it was then known as the Federal Hotel.

After the release of the film, which centred on a knife-brandishing bush hero played by Paul Hogan, its name was changed to the Walkabout Creek Hotel, as it appeared in the movie.

## New Mandela memoir goes on sale



JOHANNESBURG (AFP) - A book painting an intimate portrait of Nelson Mandela went on sale Tuesday, offering readers a glimpse at letters and diaries for a more personal look at one of the world's most revered figures.

"Conversations with Myself" brings together correspondence, personal notes and hours of recordings with an unfinished autobiography that would have been a sequel to Mandela's world-famous memoir "Long Walk to Freedom", published in 1995.

Publisher PQ Blackwell and the Nelson Mandela Foundation said the book will give readers access to the private man behind the public figure who led South Africa's struggle against white-minority rule and served as its first democratically elected president.

The Foundation compiled the book using documents

from its archives. The book will be published in 22 countries and 20 languages.

In South Africa, several book stores held early-morning launch events to celebrate the arrival of what is widely expected to be the 92-year-old Mandela's last book.

"It's a whole lot of his own writing, which we haven't seen for a long time," said James Hendry, a Johannesburg writer who was among the first to buy the book Tuesday morning.

"This will be probably the last real publication we have of his stuff before he passes on to wherever he's going."

John Fawcett-Peck, manager of a Johannesburg book store that promised readers a free coffee with purchase of "Conversations with Myself", called it "definitely the book of the year".

But publicity around the book has been relatively quiet

in South Africa.

Some 20 customers queued to buy copies at the 8:00 am opening of Fawcett-Peck's store. But within 30 minutes, the shop's clerks were sitting idly at their cash registers, untouched piles of the book stacked seven high on the counter.

He added that Mandela himself had attended the launch of his previous book. At that event, the presence of "Madiba" -- the clan name by which Mandela is affectionately known -- helped the store sell 1,000 copies the first day.

"Unfortunately Madiba could not be here today because he's just not well enough," Fawcett-Peck said.

Hendry said the fact that not many South Africans know about the book is an indication that Mandela's vision for a new South Africa has not been fully realised.

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Published Monday thru Saturday



# England struggle, Germany stroll as tempers flare in Italy



Serbian forward Dragan Mrdja (L) fights for the ball with Italy's defender Leonardo Bonucci next to a firework thrown by a Serbia's supporter during the Italy-Serbia football Euro 2012 Group C qualifier

PARIS (AFP) - Tuesday's Euro 2012 qualifiers brought drama on and off the pitch as Germany walloped Kazakhstan, Spain edged Scotland and Holland trounced Sweden to cement 100 percent records - while Italy's match against Serbia was postponed for crowd trouble.

England, for their part, continue to blow hot and cold after a disappointing Group G goalless draw at Wembley with Montenegro, who thus still top the group with ten points from four games to seven from three for Fabio Capello's men.

World champions Spain briefly threw away a two-goal lead at Hampden Park before Fernando Llorente conjured a close-range winner barely three minutes after coming on in place of David Silva.

The 3-2 win ensured that the world and European champions maintained their run of winning all their qualifiers going back to a 2007 draw with Iceland - 17 matches ago.

David Villa was earlier on target from the spot with his 44th Spanish goal to go level

with record marksman Raul while Andres Iniesta also netted with Steven Naismith and a Gerard Pique own goal giving Scotland fans something to cheer after a poor loss away to the Czechs last Friday.

Germany, the team Spain beat in the World Cup semi-final as well as the final of Euro 2008, ran out far clearer winners in their Group A encounter away to Kazakhstan.

Miroslav Klose, Mario Gomez and Lukas Podolski all scored in a 3-0 win to make it a maximum 12 points - five ahead of Austria, who drew a topsy-turvy game 4-4 in Belgium.

German coach Joachim Loew was delighted to negotiate a long trip into the unknown.

"We made quite a few errors but that was a problem of adaptation to the pitch with its artificial grass," said Loew. "We have 12 points and we are in a good place. I cannot ask for more."

England's match aside, there was no shortage of goals in most of the evening's encounters - but events in Genoa, Italy, cast a shadow as

hooliganism reared its ugly head. Serbian supporters throwing flares onto the pitch to force the postponement of their match with the Azzurri.

Following an initial half-hour delay, Scottish referee Craig Thomson stopped the encounter after just six minutes when a flare appeared to hit Italy goalkeeper Emiliano Viviano.

After police struggled to maintain order at the Marassi stadium, officials finally called off the match following protracted meetings between UEFA, the Italy and Serbia Football Associations and referee from Scotland.

There had been problems before the game in the centre of town while Serbia's first choice goalkeeper Vladimir Stojkovic had been attacked by his own fans.

Italy coach Cesare Prandelli told reporters: "We're not playing, I've never seen anything like this before."

"It seemed organised, listening to the Serbian players it turns out their team coach was attacked."

Elsewhere, Russia top Group B following a 1-0 win in Macedonia after a Robbie Keane missed penalty saw the Republic of Ireland blow a chance to stay in pole position on the way to a 1-1 draw in Slovakia.

The Irish had taken the lead through Sean St Ledger before Slovakia equalised through Jan Durica. Russia lead the Irish and Slovaks by two points.

## Fernandez fined again by NBA for agent comments

NEW YORK (AFP) - Spanish swingman Rudy Fernandez was fined 50,000 dollars by the NBA on Monday for comments detrimental to the league made by his agent, who said Fernandez no longer wants to play for Portland.

The fine was imposed after Gerard Darnes made comments to a Portland radio station after Fernandez said he was homesick and no longer wanted to play in the NBA as the Trail Blazers opened pre-season workouts for the upcoming season.

Fernandez also was fined 25,000 dollars in August for statements by another agent, Andy Miller, who said the Spaniard wanted to play in Europe this coming season and would be willing to sit out two seasons in order to do so.



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## Hard times are behind me, says Ivanovic



LINZ, (AFP) - Ana Ivanovic believes she is a stronger player than when she won the French Open two years ago and ascended to the number one ranking.

Her career then went into a nosedive and it has been a case of one step forward and one step back as she sought the consistency she needed to climb back up the rankings.

But her confidence has been boosted by an impressive week in Beijing where she overcame Elena Dementieva and then tested new world number one Caroline Wozniacki, while offering plenty of evidence that she might have finally rediscovered her game.

Although she intended to rest this week, Ivanovic didn't hesitate when she received a desperate call from the WTA event in Linz for her to step in as replacement for the injured Serena Williams.

"I'm really happy I got the call and the opportunity to play here because this is the last title I won and I really have a good time here," said Ivanovic.

"In Beijing I really felt I was playing well and I thought why waste a good game."

"It is a bit rushed and changing to indoors from outdoors and also the time difference, but I feel I'm in good shape and I just want to keep on playing."

"I feel my game is getting close to where it used to be and I'm even more aggressive, and experience-wise I'm much more mature and a more complete player now."

"In Beijing I had a few really good matches against

tough opponents and I got that mental strength back and was pulling through tough matches."

While Ivanovic shows signs of being able to return to where she used to be, the same cannot be said of Frenchwoman Alize Cornet, who slumped to a 6-1, 6-3 defeat against Czech qualifier Renata Voracova.

The 20-year old was ranked as high as 11 in February last year, but she has been beaten in the first round of every Grand Slam this year, her ranking sank to 88 and she has also lost in the first round of several ITF Challenger events this season.

"This year I started to be motivated again but when you get low on confidence it's really tough to get through that."

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## Favre rallies Vikings but costly pickoff gives Jets win



**Brett Favre of the Minnesota Vikings looks to pass against the New York Jets**

EAST RUTHERFORD, New Jersey (AFP) — Minnesota's Brett Favre threw three touchdown passes but Dwight Lowery's interception return score with 90 seconds to play gave the New York Jets a 29-20 victory over the Vikings.

In a Monday night game that stretched into Tuesday morning thanks to a 45-minute delay at the start due to a lightning storm, it was National Football League all-time passing leader Favre who provided an electrifying finish.

"I'm disappointed. I was thinking we were going to win," Favre said. "There are some things I have to do better."

A day after his 41st birthday, Favre fought through tendinitis in his throwing elbow and connected on touchdown throws of 11 and 34 yards to Percy Harvin and 37 to fellow legend Randy Moss in their first game as teammates.

"Brett Favre is an amazing competitor and a tremendous quarterback," Jets coach Rex

Ryan said.

Moss joined the Vikings last week after being traded from New England amid reports of conflicts with other players while a scandal erupted around Favre, who is accused of sending lewd e-mails and messages to a former Jets employee.

Favre said he was never distracted by the off-field issues.

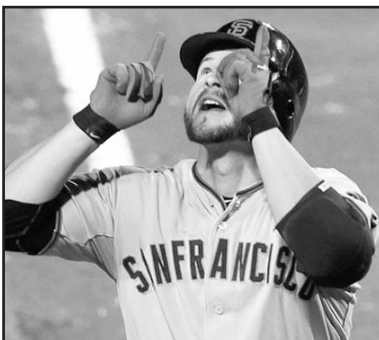
"No different than any other time. I concentrated on this game. I gave it my all. It wasn't good enough," Favre said.

Moss, who made four catches for 81 yards, said the entire team backs Favre.

"I know he has a lot on his plate. He has a lot of things going on," Moss said. "But we're going to stick by him. Simple as that."

"That's a heck of a win," Ryan said. "We knew it was going to be a tough game. Our challenge was to keep digging, dig deep and find a way to get it done. I'm proud. We didn't know how we would do it but we got it done."

## Giants eliminate Braves to advance in playoffs



**Cody Ross celebrates his HR**

ATLANTA (AFP) — Cody Ross smacked a solo home run and drove in the winning run as the San Francisco Giants advanced to the second round of the Major League Baseball playoffs by defeating Atlanta 3-2 on Monday.

San Francisco ousted Atlanta three games to one in the best-of-five series and booked a date against the two-time defending champion Philadelphia Phillies in the best-of-seven National League championship series that begins Saturday.

After surviving a series that saw every game decided by a single run, the Giants



**Edgar Renteria, Freddy Sanchez and Juan Uribe of the San Francisco Giants celebrate after they defeating the Braves**

seek their first World Series title since 1954 when they were based in New York. The club moved to California four years later.

"To win this was huge for us," Ross said. "I can't say enough about our pitching. They keep us in it the whole

time. We managed to get enough runs to win."

The Giants, who split six games with the Phillies this season, last reached the league finals in 2002, when they advanced to the World Series but lost to Anaheim in the maximum seven games.

## MLB playoff schedule

### AMERICAN LEAGUE

#### TAMPA BAY VS TEXAS

TEXAS 5, TAMPA BAY 1 (Texas leads 1-0)  
TEXAS 6, TAMPA BAY 0 (Texas leads 2-0)  
TAMPA BAY 6, TEXAS 3 (Texas leads 2-1)  
TAMPA BAY 5, TEXAS 2 (Series tied 2-2)  
TUE., OCT. 12 -- TEXAS AT TAMPA BAY (X)

#### NEW YORK wins series (3-0)

NEW YORK 6, MINNESOTA 4 (NY leads 1-0)  
NEW YORK 5, MINNESOTA 2 (NY leads 2-0)  
NEW YORK 6, MINNESOTA 1 (NY leads 3-0)  
SUN., OCT. 10 -- MINNESOTA AT NEW YORK (X)  
TUE., OCT. 12 -- NEW YORK AT MINNESOTA (X)

### NATIONAL LEAGUE

#### PHILADELPHIA wins series (3-0)

PHILADELPHIA 4, CINCINNATI 0 (Phil. leads 1-0)  
PHILADELPHIA 7, CINCINNATI 4 (Phil. leads 2-0)  
PHILADELPHIA 2, CINCINNATI 0 (Phil. wins series 3-0)  
MON., OCT. 11 -- PHILADELPHIA AT CINCINNATI (X)  
WED., OCT. 13 -- CINCINNATI AT PHILADELPHIA (X)

#### SAN FRANCISCO wins series (3-1)

SAN FRANCISCO 1, ATLANTA 0 (SF leads 1-0)  
ATLANTA 5, SAN FRANCISCO 4 (Series tied 1-1)  
SAN FRANCISCO 3, ATLANTA 2 (SF leads 2-1)  
SAN FRANCISCO 3, ATLANTA 2 (SF wins series)  
WED., OCT. 13 -- ATLANTA AT SAN FRANCISCO (X)

DIVISION SERIES (BEST-OF-FIVE) \* (X) IF NECESSARY

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## Tiger to welcome McDowell, Kaymer at World Challenge

THOUSAND OAKS (AFP) - Tiger Woods will welcome US Open champion Graeme McDowell and PGA Championship winner Martin Kaymer to his five million-dollar World Challenge tournament in December.

Woods, set to surrender his

world number one ranking at the end of the month after a reign of 281 weeks, announced on Tuesday 15 of the 17 rivals he will face in his charity event from December 2-5 at Sherwood Golf Club.

US veteran Jim Furyk, who won last month's Tour Championship, will defend

the Challenge crown he won last year.

Englishmen Paul Casey, Luke Donald and Ian Poulter plus Northern Ireland's Rory McIlroy and Americans Steve Stricker, Matt Kuchar, Hunter Mahan, Anthony Kim, Zach Johnson, Sean O'Hair, Dustin Johnson and Bubba Watson will also play.

Two other entrants will be announced next Monday in the quest for the 1.2 million-dollar top prize.

Woods said he plans to play in November's World Golf Championships HSBC Champions tournament in Shanghai and defend his Australian Masters title in November. He has also committed to play next February at Dubai.



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## Grinder Maltby retires after four Stanley Cups

DETROIT (AFP) - Kirk Maltby, a 37-year-old Canadian winger who helped the Detroit Red Wings capture four Stanley Cup titles, has retired after 16 National Hockey League seasons.

The Red Wings announced that Maltby will call it quits after a career that saw him play 2 1/2 seasons with Edmonton and his last 13 1/2 with Detroit, helping the club lift the championship trophy in 1997, 1998, 2002 and 2008.

Maltby, who scored 128

goals in 1,072 NHL games, joined Darren McCarty and Kris Draper on the "Grind Line" that took pleasure in shutting down the top scoring line of opponents.

Although his contract expired after last season, Maltby signed a new deal that opened the door for him to stay with Detroit if he could crack the lineup, something that proved too difficult. He decided to retire rather than accept a developmental-league assignment.



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